

Hello Teachers,

Since some of you are leaving the workshop very late at night and some are actually taking an extra day to play, a few of you have written to ask me for suggestions on things to do and for local restaurant recommendations. Recently, Dan Borricks, a teacher from the 2006 workshop wrote to suggest his favorite restaurants and outings. So here they are, with a few of mine thrown in too. See you soon, Barb



Suggested Restaurants (you can call or go online for directions):

- **Humpy's Great Alaskan Alehouse**
Price range \$10-20
610 W 6th Ave, Anchorage, AK 99501
Cuisines: American, Seafood
Neighborhood: Downtown
Tel: 907 276 2337
<http://www.humpys.com/>
- **Glacier Brewhouse**
737 5th Ave, Anchorage, AK 99501
Cuisines: American, Pizza, Seafood, Eclectic
Average price*: \$34
Neighborhood: Downtown
Tel: 907 274 2739
<http://www.glacierbrewhouse.com>
- **The Peanut Farm > A sports grill**
5227 Old Seward Hwy
Anchorage, AK 99518-1454
Tel: (907) 563-3283
- **Moose's Tooth Pub and Pizzeria**
Price range: \$10-25
3300 Old Seward Hwy
Anchorage, Alaska. 99503
Tel: (907) 258-ALES(2537)
<http://www.moosetooth.net/index2.htm>
- **Snacks Café**
Price range*: \$18-32
328 G St, Anchorage, AK 99501
Cuisines: American, Seafood, Scandinavian, Contemporary
Special features: Breakfast/Brunch, Business - Neighborhood: Downtown
Tel: 907 274 4022 <http://www.sacksafe.com>



FUN THINGS TO DO:

If you're staying longer or you want something fun to do at the end of the workshop day, below is a list of suggestions from previous workshop participants. Remember it doesn't get dark until after midnight!

Almost everything is within a 30 minute drive of the UAA campus.

Look these things up on the web to find out directions and more information!

Visit the Saturday Flea Market in Downtown Anchorage (FREE) = You'll find lot's of local made items there to take back home.

Hike Flattop Mountain = Anchorage's most-popular day-hike, this 3,510-foot mountain with its characteristic plateau summit holds excitement for both the beginner and expert hiker. Although just 3 miles round-trip (4.8 km), the elevation gain is 1300 ft (396 m). Good views of Alaska Range, Cook Inlet, Turnagain Arm, and Anchorage. Follow signs for Chugach State Park from Upper Huffman Road to Glen Alps Road.

Drive to Eagle River Nature Center and take a hike - Directions and times of operation are online at: <http://www.ernc.org/indexA.html> and [**Hike Thunderbird Falls Trail** = Just north of Eagle River, an easy, 1-mile \(1.6 km\) hike through rolling terrain and birch forest to the viewing platform of the 200-foot-high Thunderbird Falls. \(An ice fall in winter.\) Mile 25 Glenn Highway.](http://www.ernc.org/---To Echo Bend (easy), 3 miles (4.8 km); to Heritage Falls (easy, large falls across river), 4.5 miles (7.2 km); Twin Falls (moderate, stream crossings, beaver ponds, waterfalls), 9 miles (14.4 km). Follow the Glenn Highway and exit the first Eagle River exit to Eagle River Road</p></div><div data-bbox=)

Take a Sight Seeing Drive down Turnagain Arm - Glenn Highway – a video is online at: http://alaska.org/alaska_airlines/avt-video-turnagain-arm-drive.htm

Drive & take a short walk to Exit Glacier (part of the Kenai Fjords National Park) 2 hr drive each way- <http://www.nps.gov/kefj/planyourvisit/exit-glacier.htm>

Take a Cruise to Portage Glacier (cost = \$29)

Cruise the placid Portage Lake, about an hour south of Anchorage, to Portage Glacier. The cruise takes only one hour. Watch for huge chunks of ice to break away and crash in to the lake as the Ptarmign boat weaves through iceberg-dotted waters. You can purchase your ticket at the Begich, Boggs Visitor Center on the day of your cruise. Directions to the center are at the bottom of this sheet. The boat leaves at 10:30am, 12:00pm, 1:30pm.

Visit the Alaska Native Heritage Center (cost \$23.50).

Spend the day at this wonderful native center only 20 minutes from UAA.

The center opens at 9am and you'll need at least 3 hours to see it.

You can read about what's there at: <http://www.alaskanative.net/352.asp>

Directions are online at: <http://www.alaskanative.net/364.asp>

Go Flight Seeing over Chugach Mountain Range (Cost \$95 for ½ hr.) = Call to make your own reservations spaces are limited - take off from the world's largest seaplane base for a spectacular seaplane adventure! Discover the Chugach Mountain Range, its secluded valleys and the Dall sheep that live on its steep slopes. Soar over Captain James Cook's Turnagain Inlet in search of beluga whales. View the greater Anchorage area in its setting between mountains and water and listen as your experienced Alaskan bush pilot relates some interesting facts about Alaska.

http://www.flyrusts.com/flights_chugach.html

Things that are bit more expensive:

Denali National Park Flight seeing Tour (\$295/person for 3 hours) = Call to make your own reservations spaces are limited. This flight takes you within six miles of McKinley's 20,320 ft. summit. Fly over the foothills of Denali to view the entire length of the Ruth Glacier, the Great Gorge (at over 9,000 feet, the world's deepest) and the massive south face of McKinley, where you may spot climbers headed to the summit. Make a photo-stop landing on a remote lake before returning to Anchorage. http://www.flyrusts.com/flights_denali.html

Do you have more time? Then, drive or train to Denali National Park and take the 8 hr. bus trip into the park to see tons of wildlife. More information is available at:

<http://www.nps.gov/dena/planyourvisit/bus-travel.htm>

Bear Viewing - If your purse has extra coins you can take a "Bear Viewing Day Trip" prices range from \$550-\$695 for the full day. You fly, hike, boat and fly again. Read about 4 different trips at: <http://www.flyrusts.com/bears.html>

Take a Train and Raft trip

Train to Spencer lake in Whittier where you go on a float trip among the glaciers and icebergs: <http://www.alaskanrafting.com/glacier.html>

A float/raft trip at Portage: <http://www.alaskanrafting.com/portage.html>